



The Barley Mow

Starters

Crispy Chicken Strips

Strips of crispy coated chicken breast, with BBQ sauce and salad garnish: £5.50

Calamari

Bite-sized crispy breaded squid rings served with tartare sauce and a wedge of lemon: £5.00

Nachos (v)

Chilli tortilla chips topped with mozzarella, nacho cheese sauce and fiery jalapenos: £4.00

Pub Classics

Bangers & Mash

Trio of Boroughbridge pork sausages, served with mash, peas and onion gravy: £8.00

Ham, Egg & Chips

Home-cooked ham, served with two free range fried eggs and chips: £7.50

Lasagne

Rich beef, bacon and tomato lasagne, served with a dressed side salad and garlic bread: £8.50

Gammon

A juicy gammon steak, served with a free range fried egg, chips, peas and grilled tomato: £9.00

Sirloin Steak

*An 8oz sirloin cooked to your liking, served with chips, onion rings, mushrooms, peas and tomato: £12.50
(Add peppercorn or mushroom sauce to your steak for £2.00)*

Chicken

Somerset Chicken

Breast of chicken in a creamy apple, bacon and cheese sauce, with mash and seasonal vegetables: £9.50

Chicken in a Three Mustard Sauce

Chicken served in a velvety mild mustard sauce, accompanied by mash and seasonal vegetables: £9.50

Chicken Tikka Masala

Tender pieces of chicken marinated in a rich, creamy, medium-spiced Tikka sauce, served with rice, poppadum, naan bread and mango chutney (sauce contains ground almonds): £9.00

Pies

All of our pies are served with mash, peas and gravy: if you would prefer chips, please let us know

Luxury Steak and Ale Pie

Hand cut, slow cooked super tender Herefordshire beef in gravy, baked into hand-crimped puff pastry: £10.50

Chicken, Leek and Ham Hock Pie

Pastry pie with juicy chicken and hand-pulled ham hock, cooked in a rich cream and leek sauce: £9.50

Mushroom, Potato and Onion Pie (v)

Roast Portobello mushrooms, potato and caramelised red onion encased in tasty gluten-free pastry: £8.00

More main courses and side orders are overleaf... Lunch 12 – 2 pm, Dinner 6 – 9 pm Monday to Saturday

Please do ask before ordering if you have any concerns about the presence of food allergens.

Fish and Seafood

Scampi & Chips

Wholetail scampi in crispy breadcrumbs, served with chips, peas, tartare sauce and a wedge of lemon: £10.50

Moules Frites

Mussels in a shellfish bisque sauce, served with fries and a sliced baguette: £9.50

Fish & Chips

Hand-battered white fish served with chips, peas and tartar sauce: £9.50

Burgers

Our burgers are served in a brioche bun with baby gem lettuce, sliced tomato, onion rings, BBQ sauce and chips: add bacon, cheese or egg for £1.00

Steak Burger

A 6oz premium steak burger: £8.00

Chicken Burger

A crispy southern fried chicken breast burger: £7.00

Pasta and Rice Specials

Cannelloni with Ricotta (v)

Cannelloni pasta stuffed with ricotta, spinach and goat's cheese, accompanied by a side salad: £8.50

Spicy Lamb Meatballs

Lamb meatballs braised in a tomato, sweet pepper and herb sauce, with fusilli pasta and garlic bread: £9.50

Cajun Five Bean Chilli (v)

A wonderful mix of flageolet, cannellini, butter, black-eyed and kidney beans, casseroled in a sweet pepper and tomato sauce and flavoured with Cajun spices, jalapeno and ginger, served with rice: £8.50

Jacket Potatoes

Served with a salad garnish: select your preferred filling and add jalapenos for £0.50 if you like it more spicy

Cheese and baked beans (v): £5.50

Bacon and cheese melt: £5.00

Sandwiches

With your choice of white or brown bread

Home-cooked ham and cheddar cheese: £5.00

Classic BLT with bacon, baby gem lettuce and tomato: £5.00

Crispy chicken strips with mayo and baby gem lettuce: £5.50

Fish fingers, with baby gem lettuce and tartare sauce: £4.50

Cheddar cheese and Branston pickle, with baby gem lettuce and tomato: £4.00

Sausage and fried onion, with brown sauce: £4.50

Side Orders

Chunky chips: £3.00

French fries: £2.50

Sweet potato fries: £3.50

Cheesy garlic bread: £3.50

Dressed mixed salad: £3.00

Bread and butter: £1.50

Please do take a look at our desserts and drinks menu... and come in for our Sunday roast, served 12 – 3 pm...